

ERRA MENS'6 STAGE & WOMENS' 4 STAGE RELAY STATS AT SUTTON PARK

Compiled and updated by the ERRA statistician Martin Duff from his complete collection of Athletics Weekly and attendances at the event since its first running at Sutton Park.

Updated October 10th 2023

The men's six-stage championships rotated around the regions before finding its permanent home at Sutton Park in 1995. Since 2001, the lap distance has been fixed at 5,847 metres and Newham & Essex Beagles' winning 2009 time of 1:43:14 is the current best.

Chris Davies must be considered the men's course specialist with not only the current fastest at 16:25 but with two more times in the top seven.

The women's race too moved around before settling at Sutton Park somewhat earlier, in 1990, initially over three stages before switching to four in 1994. Originally it used a 4.35km loop before the present 4,315 metres lap was adopted in 1999. The winning Aldershot, Farnham & District time of 56:42 in 2013 is the course best and the club has the top six and nine of the top dozen times.

Whilst Steph Twell's 2007 time of 13:41 is the official best over the present loop, Paula Radcliffe's 13:26 over the slightly longer 4.35km lap in 1993 has to be considered the record.

Due to the presence of the virus E'Coli in Sutton Park, the 2012 championship was held at Clumber Park but used shorter than normal stages.

Due to the Covid-19 world-wide pandemic, the 2020 event was cancelled but has now returned to what is now its spiritual home.

Men winners at Sutton Park

| Year | Winning Club | Time | Second | Time | Third | Time |
|------|-----------------------------------|---------|---------------|---------|------------------|---------|
| | 6x6km | | | | | |
| 1995 | Bingley | 1:45:20 | Salford | 1:46:05 | Tipton | 1:46:32 |
| | 6x3.7M | | | | | |
| 1996 | Bingley | 1:40:39 | Salford | 1:42:08 | Birchfield | 1:42:21 |
| 1997 | Birchfield | 1:40:36 | London Irish | 1:41:47 | Bingley | 1:41:50 |
| 1998 | Birchfield | 1:44:16 | Salford | 1:44:45 | Tipton | 1:44:56 |
| 1999 | Cardiff | 1:42:46 | Tipton | 1:43:26 | Birchfield | 1:43:33 |
| 2000 | Morpeth | 1:44:14 | Tipton | 1:44:21 | Birchfield | 1:46:35 |
| | 6x5847 metres | | | | | |
| 2001 | Belgrave | 1:45:28 | Windsor, SE&H | 1:45:32 | Cardiff | 1:46:31 |
| 2002 | Belgrave | 1:44:24 | Morpeth | 1:46:24 | Birchfield | 1:46:52 |
| 2003 | Belgrave | 1:45:22 | Salford | 1:46:21 | Bedford & County | 1:47:21 |
| 2004 | Belgrave | 1:44:35 | Aldershot F&D | 1:45:55 | Birchfield | 1:46:49 |
| 2005 | Belgrave | 1:46:30 | Morpeth | 1:47:48 | Notts | 1:47:54 |
| 2006 | Newham EB | 1:44:46 | Tipton | 1:46:24 | Bristol & West | 1:47:01 |
| 2007 | Belgrave | 1:44:30 | Leeds City | 1:45:20 | Newham EB | 1:45:55 |
| 2008 | Belgrave | 1:45:18 | Notts | 1:45:50 | Newham EB | 1:45:51 |
| 2009 | Newham & EB | 1:43:14 | Belgrave | 1:44:54 | Aldershot F&D | 1:45:05 |
| 2010 | Bedford & County | 1:45:42 | Shettleston H | 1:46:16 | Tipton H | 1:46:19 |
| 2011 | Aldershot F&D | 1:44:51 | Birchfield | 1:45:22 | Newham EB | 1:45:30 |
| 2012 | Held at Clumber Park (5km approx) | | | | | |
| | Newham EB | 1:30:36 | Liverpool | 1:31:07 | Belgrave | 1:31:16 |

| | | | | | | |
|-------------|--------------------------|---------|------------|---------|------------------|---------|
| 2013 | Sale H Manchester | 1:45:56 | Belgrave | 1:46:24 | Tipton | 1:46:58 |
| 2014 | Aldershot F&D | 1:46:48 | Highgate H | 1:47:25 | Sale H Manch | 1:47:54 |
| 2015 | Tonbridge | 1:47:24 | Derby | 1:47:29 | Central | 1:47:38 |
| 2016 | Cardiff | 1:45:52 | Swansea | 1:45:55 | Liverpool | 1:46:20 |
| 2017 | Swansea | 1:45:16 | Tonbridge | 1:46:30 | Lincoln W'ton | 1:46:34 |
| 2018 | Stockport | 1:45:07 | Leeds | 1:45:32 | Aldershot F&D | 1:45:40 |
| 2019 | Leeds | 1:44:46 | Aldershot | 1:45:19 | Cambridge & Cole | 1:45:47 |
| 2021 | Aldershot F&D | 1:42:44 | Leeds | 1:43:47 | Shaftesbury | 1:44:06 |
| 2022 | Aldershot F&D | 1:43:37 | Leeds | 1:43:42 | Cambridge & C | 1:44:04 |
| 2023 | Leeds | 1:44:36 | Aldershot | 1:44:46 | Cambridge & C | 1:44:52 |

Note: records in bold

Fastest Laps

| Year | Fastest | Time | Second best | Time | Third best | Time |
|-------------|----------------------------------|--------------|-----------------|-------|------------------------------|-------|
| | 6km | | | | | |
| 1995 | Keith Cullen | 16:34 | Paul Taylor | 16:55 | Steve Brooks | 17:04 |
| | 3.7M | | | | | |
| 1996 | Richard Nerurkar | 16:15 | Paul Taylor | 16:19 | Andrew Pearson | 16:21 |
| 1997 | Richard Nerurkar | 16:19 | Corman Finnerty | 16:25 | Rod Finch/Tony O'Brien | 16:34 |
| 1998 | Rob Whalley | 16:57 | Carl Warren | 17:03 | Glen Stewart | 17:05 |
| 1999 | Christian Stephenson | 16:28 | Keith Cullen | 16:32 | Dave Heath | 16:33 |
| 2000 | Mark Hudspith | 16:42 | Ian Hudspith | 16:47 | Rob Whalley | 16:49 |
| | 5847 metres | | | | | |
| 2001 | Sam Haughian | 16:54 | Mo Farah | 16:58 | Chris Thompson/Mark Hudspith | 17:02 |
| 2002 | Chris Thompson | 16:53 | Ian Hudspith | 17:03 | Mark Miles/Fiachra Lombard | 17:08 |
| 2003 | Chris Davies | 16:25 | Rob Whalley | 17:00 | Greg Van Hest | 17:01 |
| 2004 | Chris Thompson | 16:39 | Nick McCormick | 16:41 | Keith Cullen | 17:01 |
| 2005 | Nick McCormick | 16:41 | Wilfred Taragon | 17:01 | Chris Davies | 17:06 |
| 2006 | Mo Farah | 17:02 | Frank Tickner | 17:03 | Mark Warmby | 17:15 |
| 2007 | Chris Davies | 16:42 | Frank Tickner | 16:59 | Moumin Geele | 17:03 |
| 2008 | Andy Vernon | 16:49 | Scott Overall | 16:54 | Keith Gerrard | 17:05 |
| 2009 | Mo Farah | 16:33 | Chris Davies | 16:42 | Scott Overall/Moumin Geele | 17:03 |
| 2010 | Ryan McLeod | 17:03 | Mark Draper | 17:04 | Tom Humphries | 17:04 |
| 2011 | James Wilkinson | 16:38 | Andy Vernon | 16:58 | Jonny Mellor | 16:59 |
| 2012 | Held at Clumber Park(5km approx) | | | | | |
| | Jonny Mellor | 14:23 | John Beattie | 14:41 | Birhan Andi/John McDonnell | 14:46 |
| 2013 | Ryan McLeod | 16:55 | Jonny Davies | 17:06 | Dewi Griffiths | 17:11 |
| 2014 | Andrew Butchart | 17:09 | Andrew Heyes | 17:12 | Antonio Sanchez | 17:12 |
| 2015 | Andy Maud | 17:03 | Jonny Davies | 17:14 | Tom Lancashire | 17:17 |
| 2016 | Andrew Butchart | 16:29 | Dewi Griffiths | 16:49 | Ben Connor | 17:05 |
| 2017 | Dewi Griffiths | 16:40 | Phil Sesemann | 17:14 | Graham Rush | 17:16 |

| | | | | | | |
|------|-----------------|-------|----------------|-------|-----------------------------|-------|
| 2018 | Ross Millington | 16:54 | Jonny Mellor | 17:08 | Richard Allen/Phil Sesemann | 17:10 |
| 2019 | Marc Scott | 16:46 | Omar Ahmed | 16:58 | Emile Caires/Phil Sesemann | 17:02 |
| 2021 | Jack Rowe | 16:33 | Emile Caires | 16:46 | Omar Ahme /Hugo Miller | 16:47 |
| 2022 | Jack Rowe | 16:39 | Will Barnicoat | 16:50 | Phil Sesemann | 16:53 |
| 2023 | Omah Ahmed | 16:34 | Will Barnicoat | 16:36 | Rory Leonard | 16:38 |

All time men (Sutton Park)

Teams (1996 to 2000)

| | | |
|---------------------|---------|--------|
| Birchfield Harriers | 1:40.36 | (1997) |
| Bingley Harriers | 1:40.39 | (1996) |
| London Irish | 1:41.47 | (1997) |

Teams (2001-present)

| | | |
|---------------------------|---------|--------|
| Aldershot Farnham & D | 1:42:44 | (2021) |
| Newham & Essex Beagles | 1:43:14 | (2009) |
| Aldershot Farnham & D | 1:43:37 | (2022) |
| Leeds | 1:43:42 | (2022) |
| Leeds | 1:43:47 | (2021) |
| Cambridge & Coleridge | 1:44:04 | (2022) |
| Shaftesbury | 1:44:06 | (2021) |
| Belgrave Harriers | 1:44:24 | (2002) |
| Belgrave Harriers | 1:44:30 | (2007) |
| Belgrave Harriers | 1:44:35 | (2004) |
| Birchfield | 1:44:36 | (2021) |
| Leeds | 1:44:36 | (2023) |
| Leeds | 1:44:46 | (2019) |
| Aldershot Farnham & Dist | 1:44:46 | (2023) |
| Aldershot, Farnham & Dist | 1:44:51 | (2011) |
| Cambridge & Coleridge | 1:44:52 | (2023) |
| Belgrave Harriers | 1:44:54 | (2009) |
| Tonbridge | 1:44:58 | (2021) |
| Aldershot, Farnham & Dist | 1:45:05 | (2009) |
| Stockport | 1:45:07 | (2018) |
| Bedford & County | 1:45:13 | (2009) |
| Swansea | 1:45:16 | (2017) |
| Shaftesbury B | 1:45:16 | (2022) |
| Belgrave Harriers | 1:45:18 | (2008) |
| Aldershot Farnham & D | 1:45:19 | (2019) |

Individuals (1996-2000)

| | | | |
|------------------|------------------|-------|--------|
| Richard Nerurker | Bingley Harriers | 16:15 | (1996) |
| Paul Taylor | Bolton AC | 16:19 | (1996) |
| Richard Nerurker | Bingley Harriers | 16:19 | (1997) |

Individuals (2001-present)

| | | |
|-----------------|-------|------|
| Chris Davies | 16:25 | 2003 |
| Andrew Butchart | 16:29 | 2016 |

| | | |
|-----------------|-------|------|
| Mo Farah | 16:33 | 2009 |
| Jack Rowe | 16:33 | 2021 |
| Omar Ahmed | 16:34 | 2023 |
| Will Barnicoat | 16:36 | 2023 |
| James Wilkinson | 16:38 | 2011 |
| Rory Leonard | 16:38 | 2023 |
| Jack Rowe | 16:39 | 2022 |
| Chris Thompson | 16:39 | 2004 |
| Dewi Griffiths | 16:40 | 2017 |
| Nick McCormick | 16:41 | 2004 |
| Nick McCormick | 16:41 | 2005 |
| Chris Davies | 16:42 | 2007 |
| Chris Davies | 16:42 | 2009 |
| Emile Cairess | 16:46 | 2021 |
| Marc Scott | 16:46 | 2019 |
| Omar Ahmed | 16:47 | 2021 |
| Hugo Milner | 16:47 | 2021 |
| Dewi Griffiths | 16:49 | 2016 |
| Andy Vernon | 16:49 | 2008 |
| Will Barnicoat | 16:50 | 2022 |
| Dan Jarvis | 16:53 | 2021 |
| Phil Sesemann | 16:53 | 2022 |

Women at Sutton Park

| Year | Winning Club | Time | Second | Time | Third | Time |
|-------------|-------------------------------------|-------|--------------------|-------|-------------------|-------|
| | 3x4.35km | | | | | |
| 1990 | Westbury | 43:27 | Birchfield | 43:37 | Parkside | 44:07 |
| 1991 | Leicester Coritanian | 43:18 | Parkside | 43:24 | Birchfield | 43:26 |
| 1992 | Parkside | 42:56 | Tipton | 43:45 | Birchfield | 44:31 |
| 1993 | Tipton | 43:18 | Bedford & County | 43:34 | Parkside | 43:53 |
| 1994 | Parkside | 58:37 | Birchfield | 58:56 | Leeds City | 59:31 |
| 1995 | Shaftesbury Barnet | 58:47 | Leeds | 59:05 | Parkside | 59:38 |
| 1996 | Birchfield | 59:31 | Leeds City | 59:47 | Westbury | 61:34 |
| 1997 | Bedford & County | 58:22 | Shaftesbury Barnet | 59:01 | Charnwood | 59:22 |
| 1998 | Sale | 59:19 | Shaftesbury Barnet | 59:51 | Charnwood | 60:00 |
| | 4x4315 metres | | | | | |
| 1999 | Shaftesbury Barnet | 59:07 | Sale | 59:41 | Charnwood | 59:46 |
| 2000 | Sale | 58:34 | Charnwood | 58:56 | Shaftesbury Barn | 59:16 |
| 2001 | Charnwood | 58:44 | Bedford & County | 59:26 | Bristol | 60:14 |
| 2002 | Windsor S&&H | 59:40 | Tipton | 60:06 | Bristol | 60:53 |
| 2003 | Chester-le-Street | 59:09 | Charnwood | 59:25 | Sale | 59:58 |
| 2004 | Bristol & West | 57:46 | Windsor, SE&H | 59:20 | Wakefield | 59:59 |
| 2005 | Bristol & West | 59:16 | Shaftesbury Barnet | 59:25 | Bedford & Co | 59:29 |
| 2006 | Birchfield | 59:33 | Aldershot F&D | 59:39 | Charnwood | 60:17 |
| 2007 | Aldershot F&D | 57:15 | Charnwood | 57:56 | Havering M | 58:47 |
| 2008 | Aldershot F&D | 57:24 | Charnwood | 59:09 | Chester-le-Street | 59:16 |
| 2009 | Aldershot F&D | 57:09 | Chester-le-Street | 58:17 | City of Norwich | 58:53 |
| 2010 | Aldershot F&D | 58:14 | Charnwood | 58:50 | Bristol & West | 60:05 |
| 2011 | Aldershot F&D | 57:17 | Charnwood | 58:20 | Bristol & West | 58:50 |
| 2012 | Held at Clumber Park (3.5km approx) | | | | | |

| | | | | | | |
|------|------------------------------|----------------|-----------------|-------|------------------------------------|----------------|
| | Aldershot F&D | 46:39 | Birchfield | 46:39 | Shaftesbury | 48:26 |
| 2013 | Aldershot F&D | 56:42 | Birchfield | 58:36 | Charnwood | 58:49 |
| 2014 | Aldershot F&D | 57:13 | Birchfield | 59:26 | Bristol & West AFD B (no medal) | 60:22 60:14 |
| 2015 | Swansea | 59:14 | Bristol & West | 59:51 | Vale Royal | 60:03 |
| 2016 | Aldershot F&D | 58:48 | Birchfield | 59:10 | Cardiff | 60:03 |
| 2017 | Aldershot F&D | 58:26 | Leeds | 59:08 | Swansea | 59:26 |
| 2018 | Aldershot F&D | 57:56 | Leeds | 59:29 | Tonbridge | 59:56 |
| 2019 | Cardiff | 57:26 | Tonbridge | 59:24 | Aldershot F&D | 59:41 |
| 2021 | Aldershot F&D | 59:03 | Aldershot F&D B | 60:14 | Lincoln Wellington | 60:29 |
| 2022 | Tonbridge | 58:26 | Salford | 58:37 | Aldershot F&D | 59:09 |
| 2023 | Aldershot Aldershot B ran | 58:07 58:19 | Leeds | 58:19 | Belgrave | 58:22 |

Fastest

| Year | Fastest | Time | Second best | Time | Third Best | Time |
|-------------|-------------------------------|--------------|---------------------|-------|----------------------------------|-------|
| | 4.35km | | | | | |
| 1990 | Lesley Morton | 14:02 | Sally Ellis | 14:08 | Jo Deering | 14:15 |
| 1991 | Lesley Morton | 14:18 | Lisa Hollick | 14:20 | Alison Wyeth | 14:22 |
| 1992 | Paula Radcliffe | 13:47 | Elaine Foster | 14:11 | Andrea Whitcombe | 14:14 |
| 1993 | Paula Radcliffe | 13:26 | Jenny Clague | 13:58 | Bev Hartigan | 14:03 |
| 1994 | Angie Hulley | 14:05 | Shireen Barbour | 14:13 | Elaine Foster | 14:20 |
| 1995 | Lucy Elliott | 13:55 | Paula Radcliffe | 13:55 | Heather Heasman | 14:21 |
| 1996 | Zara Hyde | 14:20 | Bev Hartigan | 14:21 | Andrea Whitcombe | 14:27 |
| 1997 | Paula Radcliffe | 13:55 | Andrea Whitcombe | 14:10 | Sarah Young | 14:13 |
| 1998 | Heather Heasman | 14:14 | Tara Krzywicki | 14:17 | Amanda Parkinson | 14:22 |
| | 4315 metres | | | | | |
| 1999 | Lucy Wright | 14:08 | Hayley Yelling | 14:13 | Liz Yelling/Sarah Young | 14:17 |
| 2000 | Amanda Parkinson | 14:07 | Hayley Yelling | 14:18 | Tara Krzywicki/Sara Wilkinson | 14:28 |
| 2001 | Helen Pattinson | 13:59 | Tara Krzywicki | 14:03 | Angela Allen | 14:04 |
| 2002 | Hayley Yelling | 14:15 | Lisa Heyes | 14:22 | Katie Reed | 14:31 |
| 2003 | Kate Reed | 14:07 | Hayley Yelling | 14:07 | Helen Lawrence | 14:08 |
| 2004 | Kate Reed | 13:59 | Hayley Yelling | 14:03 | Julia Bleasdale | 14:14 |
| 2005 | Kate Reed | 13:56 | Helen Clitheroe | 14:07 | Liz Yelling | 14:09 |
| 2006 | Helen Clitheroe | 14:11 | Jenny Blizzard | 14:12 | Cathy Mutwa | 14:13 |
| 2007 | Steph Twell | 13:41 | Sharon Morris | 13:57 | Hayley Yelling/Vicky Gill | 14:05 |
| 2008 | Freya Murray | 13:50 | Charlotte Purdue | 13:54 | Caroline Hoyte | 14:09 |
| 2009 | Charlotte Purdue | 13:53 | Freya Murray | 13:54 | Steph Twell | 14:00 |
| 2010 | Charlotte Purdue | 13:55 | Gemma Steel | 14:08 | Emma Pallant | 14:20 |
| 2011 | Gemma Steel | 13:45 | Charlotte Purdue | 13:48 | Jessica Coulson | 13:51 |
| 2012 | Held at Clumber Park 3.5km | | | | | |
| | Emelia Gorecka | 11:05 | Hannah Walker | 11:14 | Beth Potter | 11:20 |
| 2013 | Gemma Steel | 13:49 | Emelia Gorecka | 14:04 | Steph Twell | 14:06 |

| | | | | | | |
|-------------|------------------------|--------------|-----------------|-------|-----------------|-------|
| 2014 | Steph Twell | 14:04 | Lily Partridge | 14:09 | Emelia Gorecka | 14:09 |
| 2015 | Ellie Vernon | 14:11 | Ellie Kirk | 14:13 | Kate Hulls | 14:21 |
| 2016 | Kate Hulls | 13:58 | Jess Judd | 14:11 | Charlotte Arter | 14:16 |
| 2017 | Jess Judd | 13:55 | Charlotte Arter | 14:10 | Verity Ockenden | 14:12 |
| 2018 | Emily Hosker-Thornhill | 13:58 | Jess Judd | 14:07 | Lauren Howarth | 14:12 |
| 2019 | Charlotte Arter | 14:00 | Abbie Donnelly | 14:01 | Jenny Nesbitt | 14:10 |
| 2021 | Nicole Taylor | 13:56 | Hannah Irwin | 14:03 | Abbie Donnelly | 14:04 |
| 2022 | Amelia Quirk | 13:35 | Abbie Donnelly | 14:00 | Jess Judd | 14:02 |
| 2023 | Lily Partridge | 13:55 | Georgie Grgec | 13:59 | Kate Axford | 14:04 |

All Time Women (at Sutton Park)

Teams since 1998

| | | |
|---------------------------|-------|--------|
| Aldershot, Farnham & Dist | 56:42 | (2013) |
| Aldershot, Farnham & Dist | 57:09 | (2009) |
| Aldershot, Farnham & Dist | 57:13 | (2014) |
| Aldershot, Farnham & Dist | 57:15 | (2007) |
| Aldershot, Farnham & Dist | 57:17 | (2011) |
| Aldershot, Farnham & Dist | 57:24 | (2008) |
| Cardiff | 57:26 | (2019) |
| Bristol & West AC | 57:46 | (2004) |
| Charnwood AC | 57:56 | (2007) |
| Aldershot Farnham & Dist | 57:56 | (2018) |
| Aldershot Farnham & Dist | 58:07 | (2023) |
| Aldershot, Farnham & Dist | 58:14 | (2010) |
| Chester-le-Street | 58:16 | (2009) |
| Aldershot F&D B team | 58:18 | (2023) |
| Leeds | 58:19 | (2023) |
| Charnwood | 58:20 | (2011) |
| Belgrave | 58:22 | (2023) |
| Aldershot Farnham & Dist | 58:26 | (2017) |
| Tonbridge | 58:26 | (2022) |
| Sale Harriers | 58:34 | (2000) |
| Birchfield | 58:36 | (2013) |
| Salford | 58:37 | (2022) |
| Charnwood AC | 58:44 | (2001) |
| Havering Mayesbrook | 58:47 | (2007) |
| Aldershot Farnham & Dist | 58:48 | (2016) |
| Charnwood | 58:49 | (2013) |
| Charnwood | 58:50 | (2010) |
| Bristol & West | 58:50 | (2011) |
| City of Norwich | 58:53 | (2009) |

Individuals

| | | | |
|-----------------|------|-------|----|
| Paula Radcliffe | 1993 | 13:26 | ** |
| Amelia Quirk | 2022 | 13:35 | |
| Steph Twell | 2007 | 13:41 | |
| Gemma Steel | 2011 | 13:45 | |

| | | |
|------------------|------|----------|
| Paula Radcliffe | 1992 | 13:47 ** |
| Charlotte Purdue | 2011 | 13:48 |
| Gemma Steel | 2013 | 13:49 |
| Freya Murray | 2008 | 13:50 |
| Jessica Coulson | 2011 | 13:51 |
| Charlotte Purdue | 2009 | 13:53 |
| Charlotte Purdue | 2008 | 13:54 |
| Freya Murray | 2009 | 13:54 |
| Lucy Elliott | 1995 | 13:55 ** |
| Jess Judd | 2017 | 13:55 |
| Paula Radcliffe | 1995 | 13:55 ** |
| Paula Radcliffe | 1997 | 13:55 ** |
| Charlotte Purdue | 2010 | 13:55 |

** (on slightly longer course)