



ENGLISH ROAD RUNNING ASSOCIATION

in conjunction with ENGLAND ATHLETICS
(Amateur Athletic Association of England)



SATURDAY 3rd OCTOBER 2026 – SUTTON PARK Licence No 2026 31868 ERRA Senior Women's 4 Stage (5.47 Km) Road Relay Championship

August 2026

Dear Secretary/Team Manager

Enclosed is information about the **English Road Running Association Senior Women's 4 Stage Road Relay Championship** to be held at Sutton Park, Sutton Coldfield, Birmingham B73 6BU on Saturday 3rd October 2026– **START TIME 14:10.**

ERRA MEDALS WILL BE AWARDED TO THE FIRST 3 TEAMS.

Medals will be awarded to the fastest stage time in both seniors & Under 20.

THIS CHAMPIONSHIP IS FOR ENGLISH CLUBS ONLY.

This event is being held on the same day as the Men's National Road 6 Stage Relays, which starts at 14.00.

Please note you may enter a maximum of three teams per club; **only a clubs leading team is eligible to win Championship Team medals.** Athletes must be registered with England Athletics or a governing body within the United Kingdom to be eligible to compete.

Entries on line at

www.niftyentries.com.....

THERE ARE NO FACILITIES FOR TEAM DECLARATION OR CHANGES AT REGISTRATION

All team declarations and changes are done on line by the team manager via the personalised link that will be sent to the team manager on the Wednesday prior to race day. All Team declaration and any changes are allowed up to 12.00 on the day of the race.

No new athletes can be added to team lists after entries close.

Please note the closing date for online entries is Sunday 27th September 2026. Under no circumstances will late entries be accepted.

Fees: £48.00 per team

Yours sincerely

Mike Neighbour

Mike Neighbour
Chairman
English Road Running Association



ENGLISH ROAD RUNNING ASSOCIATION

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and Amateur Athletic Association of England)



SATURDAY 3rd OCTOBER 2026 – SUTTON PARK Licence No 2026 31868 Young Athletes 3 x 3.88 km ROAD RELAY CHAMPIONSHIPS for

U18 WOMEN 12:55 U16 GIRLS 12:05 U14 GIRLS 11:05

U18 MEN 12:50 U16 BOYS 12:00 U14 BOYS 11:00

Dear Secretary/Team Manager

Enclosed is information about the **English Road Running Association YOUNG ATHLETE 3 Stage Road Relay Championships** to be held at Sutton Park, Sutton Coldfield, Birmingham B73 6BU on Saturday 3rd October 2026.

ERRA MEDALS WILL BE AWARDED TO THE FIRST 3 TEAMS

AND THE FASTEST STAGE TIMES IN EACH AGE GROUP AND GENDER.

THIS CHAMPIONSHIP IS FOR ENGLISH CLUBS ONLY.

Presentation of awards will be as soon as possible once the full results are available.

Only a Clubs leading team will be eligible to win Championship medals. Athletes must be registered with England Athletics.

Entries on line at

.....www.niftyentries.com.....

THERE ARE NO FACILITIES FOR TEAM DECLARATION OR CHANGES AT REGISTRATION

All team declarations and changes are done online by the team manager via the personalised link that will be sent to the team manager on the Wednesday prior to race day. All Team declaration and any changes are allowed up to 10.00 on the day of the race.

No new athletes can be added to team lists after entries close.

Please note the closing date for all entries is Sunday 27th September 2026; under no circumstances will late entries be accepted.

Fees: £36.00 per team

Yours sincerely

Mike Neighbour

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Chairman

English Road Running Association



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PERTINENT RULES OF THIS COMPETITION

RULE 5 – FIRST CLAIM STATUS – ALL RULES APPLY

FOREIGN ATHLETES JUNIOR/SENIOR MEN & WOMEN.

Any Foreign Athletes in the team MUST be currently registered with UKA as foreign Athletes. All team and athlete affiliations will be verified prior to the event. A club can enter as many foreign athletes as they wish, but only 2 (two) can be selected in a team. This applies to both "A " & "B" teams

RULE 141 S3 (i,ii,iii) Under 14 boys and girls road running competitions for under 14s shall be confined to competitors who are aged 12 or 13 on **31st August 2027**.

Under 16 boys and girls road running competitions for under 16s shall be confined to competitors who are aged 14 or 15 on **31st August 2027**.

Under 18 Men and Women road running competitions for under 18s shall be confined to competitors who are aged 16 or 17 on **31st August 2027**.

Junior Men & Women who are aged 18 19 or over on **31st August 2027** may take part in Road Relay competitions and compete in the senior events.

RULE 143 WILL APPLY

CLOTHING: All team runners MUST wear the same design of registered Club vest and colours, unless the Referee has given permission for a change to be made.

Any advertising or sponsorship on clothing must comply with UK Athletics Rule 16.

A Club entering more than one team in a race shall be allowed to select their teams from the Club entry for that event. Teams must be declared before the start of the race. Only a club's leading team will be eligible for any awards, There is no limit on the number of Y.A. teams a club may enter.

A team will be subject to disqualification if its team members are subsequently found NOT to have run as declared. No runner is permitted to run more than one leg.

Athletes are not allowed to compete for 2 different clubs in both the Area, and equivalent National Road Relay championship events in the same year.